

As a Man Thinketh books

As a Man Thinketh The mind guides our footsteps as we progress along the pathway of life.

Purity of mind leads inevitably to purity of life, to the precious love and understanding that should control our everyday acts and attitudes towards friends and foes.

But where must one look for guidance? How does one achieve purity of mind that alone brings happiness and confidence?

The author offers his clear answers in this book *As A Man Thinketh*. His words have helped millions for more than a century--and they continue to point the true way to a better life for a troubled humanity.

"Out of a clean heart comes a clean life and a clean body," James Allen writes. "out of a defiled mind proceeds a defiled life and a corrupt body."

Too many mortals strive to improve only their worldly position--and too few seek spiritual betterment. Such is the problem James Allen faced in his own time. The ideas he found in his inner-most heart after great searching guided him as they will guide you.

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